

Cardinal Football Traits



“Creating a Cardinal”

Commitment Line

Every day you are judged on the commitment line. Are you performing above the line or below the line?

Above the Line

*A Teammate that is trusted
Plays like a Cardinal
Max effort player/person
Competes every play
Things that don't require talent*

Below the Line

*Shows the team they can't be trusted
Loafs
OK with losing
Not Accountable*

Grades:

*+ Gave above the line Cardinal Effort
= Stayed the same. Just got by
- Did not give Cardinal Effort*

Each week coaches will grade their segment. You are the person you are seeing in the grades. Where will you rank?

Tough, Hard Nosed, Aggressive, Fundamental Football played with fanatical effort for as long as it takes to win, and LEAVE NO DOUBT